

SUSTAIN
substance use treatment
and intervention



NEW OAKLAND
FAMILY CENTERS

Call us 24/7/365 at 800-395-3223

SUSTAIN™

Substance Use Disorder (SUD) Program

Compassionate care for lasting change

New Oakland's approach and programming for Substance Use Disorder is called **SUSTAIN™ (Substance Use Treatment and Intervention)**. The program takes a compassionate and comprehensive approach to recovery, addressing not only the behaviors but also the underlying causes of addiction. Our program is built on evidence-based treatments, including individual and group therapy, skill-building, and emotional support. We emphasize the importance of family involvement, equipping loved ones with tools to create a supportive environment.



For more than 30 years, New Oakland has been serving communities across Michigan, providing caring, high-quality mental health services for the entire family. New Oakland's SUD Treatment Center is not a detox facility or for individuals in active

withdrawal from substance dependency. But for those who have made a commitment to ending their reliance on drugs or alcohol, our programs and specialists have a track record of successfully addressing the root mental health causes that have led to substance abuse.

- Staffed by **board-certified addiction medicine specialists** and mental health professionals
- Treatment for **prescription, legal and illegal drug** use
- **Partial Hospital Program (PHP)** and **Intensive Outpatient Program (IOP)** available
- **Day-long programs** from 9:00 am - 3:00 pm daily
- **Medication Assisted Treatment (MAT)** including Suboxone for opiate addiction
- **Transportation** provided

With a focus on prevention, our team helps individuals recognize triggers, navigate challenges, and build resilience for long-term success. At New Oakland, we provide a safe, understanding space for healing, empowering individuals to regain control, rebuild their lives, and achieve lasting health and wellness.



An empowering path to recovery

New Oakland's Substance Use Disorders (SUD) care solutions offer a holistic approach to overcoming addiction, addressing the root causes and providing tailored therapy for each individual. Our compassionate team combines evidence-based treatments, family support, and relapse prevention strategies to help clients achieve lasting recovery and a healthier future.



Personalized recovery

Your recovery journey is unique—our team builds a plan tailored to your strengths and goals

Integrated services that unify mental health, medical care, and recovery support in one program



Integrating care



Comprehensive solutions

Integrated clinical, emotional, and practical solutions for whole-person healing

Tools and coaching to transform setbacks into opportunities for growth and resilience



Overcoming setbacks

Treatment

Services that make a difference . . . from experts in addiction treatment

Intervention

Tools for coping with the triggers of substance abuse when they appear

Prevention

Engagement to understand and manage the stressors that lead to substance abuse

New Oakland's team of call center specialists is standing by

24 hours/day, 365 days/year at

800-395-3223

to help get you started on your recovery journey.