

24-Hour Call Center Service Line  
**800-395-3223**  
(FACE)



# SUSTAIN

substance use treatment  
and intervention



find us on the web at  
[www.NewOakland.org](http://www.NewOakland.org)

## Locations Across Michigan to Serve You

## Substance Use Disorder (SUD) Treatment



### **Livonia (SUD PHP location)**

31500 Schoolcraft Rd.  
Livonia, MI 48150

### **Ann Arbor**

501 N. Maple Rd.  
Ann Arbor, MI 48103

### **Bloomfield Hills**

2520 S. Telegraph Rd.  
Bloomfield Hills, MI 48302

### **Center Line**

26522 Van Dyke Ave.  
Center Line, MI 48015

### **Clarkston**

6549 Town Center Dr.  
Clarkston, MI 48346

### **Clinton Township**

42669 Garfield Rd.  
Clinton Township, MI 48038

### **Farmington Hills**

32961 Middlebelt Rd.  
Farmington Hills, MI 48334

### **Flint**

2401 South Linden Rd., Suite A  
Flint, MI 48532

### **Grand Rapids**

3744 28th St., SE  
Kentwood, MI 49512

### **Kalamazoo/Portage**

8225 Moorsbridge Road  
Portage, MI 49024

### **Livonia (Main)**

29550 Five Mile Rd.  
Livonia, MI 48154

### **Okemos**

2300 Jolly Oak Rd.  
Okemos, MI 48864

### **Port Huron**

500 10th St., Suite A  
Port Huron, MI 48060

### **Southfield**

26545 American Drive  
Southfield, MI 48034

### **Southgate**

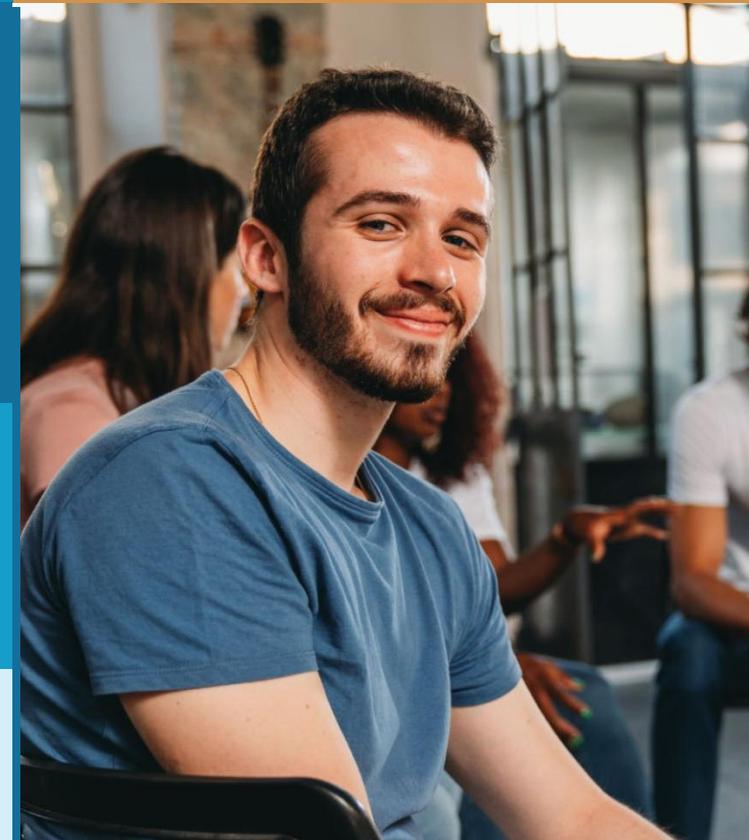
13305 Reeck Rd.  
Southgate, MI 48195

### **Warren**

8150 Old 13 Mile Rd.  
Warren, MI 48093



All New Oakland  
Family Centers  
locations are  
accredited by the  
Commission on  
Accreditation of  
Rehabilitation  
Facilities (CARF) for all  
mental health services



## NEW OAKLAND FAMILY CENTERS





## What is Substance Use Disorder (SUD)?

Substance use disorder (SUD) is a mental disorder that affects a person's brain and behavior, leading to their inability to control their use of substances like legal or illegal drugs, alcohol, or medications.

Symptoms can be moderate to severe, with addiction being the most severe form of SUD.

People with a SUD may also have other mental health disorders, and people with mental health disorders may also struggle with substance use. These other mental health disorders can include anxiety disorders, depression, attention-deficit hyperactivity disorder (ADHD), bipolar disorder, personality disorders, and schizophrenia, among others.

## What types of treatment are available at New Oakland?

When an individual expresses concerns about substance use disorder, they will receive a specialized SUD intake assessment to further assess for severity of symptoms. Depending on the severity of the individual's substance use disorder, there are several services offered:

### The New Oakland FACE to FACE Partial Hospitalization Program (PHP)

The SUD PHP meets Mondays through Fridays from 9:00 am to 3:00 pm and offers specialized and comprehensive care in the form of

- Trauma-Informed Care
- Medication Assisted Treatment
- Individual and family therapy sessions with a training SUD mental health professional
- Group therapies that address the SUD as well as other underlying mood/anxiety issues
- Psychiatric Evaluation/Medication Management

### Group therapy topics will include:

- Boundaries
- Codependence
- Increasing recovery capital
- Distress tolerance/urge surfing
- Triggers/cravings
- Guilt, shame and blame
- Resentments and gratitude
- Neurobiology of Addiction

### The New Oakland Intensive Outpatient Program (IOP)

The Substance Use Disorder IOP offers similar treatment as PHP but is for individuals who have less severe substance use disorder symptoms. The level-of-care needed will be determined by the intake therapist and substance use disorders treatment team.

### Outpatient Treatment

The individual will be assigned to an outpatient therapist who is trained in working with individuals with substance use disorders.

### Reduced rates for local lodging

To help with potential transportation and travel related barriers to treatment, New Oakland offers FREE transportation to and from PHP or IOP daily, for those who may not be local to our treatment center, participants may also qualify for reduced rates at high-quality local hotels convenient to our Livonia Schoolcraft location.



### Getting Help

If you think you have a substance use disorder, it's not something you have to face on your own. But asking for help can be the hardest part. At New Oakland, we're here to help you live an empowered life.