

24-Hour Call Center Service Line
800-395-3223
(FACE)



Comprehensive Eating
Recovery Vision (CERV)



find us on the web at
www.NewOakland.org

Locations Across Michigan to Serve You

Eating Disorders Treatment



**Bloomfield Hills
(Eating disorders PHP location)**
2520 S. Telegraph Rd.
Bloomfield Hills, MI 48302

Ann Arbor
501 N. Maple Rd.
Ann Arbor, MI 48103

Center Line
26522 Van Dyke Ave.
Center Line, MI 48015

Clarkston
6549 Town Center Dr.
Clarkston, MI 48346

Clinton Township
42669 Garfield Rd.
Clinton Township, MI 48038

Farmington Hills
32961 Middlebelt Rd.
Farmington Hills, MI 48334

Flint
2401 South Linden Rd., Suite A
Flint, MI 48532

Kalamazoo/Portage
8225 Moorsbridge Road
Portage, MI 49024

Livonia (Main)
29550 Five Mile Rd.
Livonia, MI 48154

Livonia (SUD PHP location)
31500 Schoolcraft Rd.
Livonia, MI 48150

Okemos
2300 Jolly Oak Rd.
Okemos, MI 48864

Port Huron
500 10th St., Suite A
Port Huron, MI 48060

Southfield
26545 American Drive
Southfield, MI 48034

Southgate
13305 Reeck Rd.
Southgate, MI 48195

Warren
8150 Old 13 Mile Rd.
Warren, MI 48093



All New Oakland
Family Centers
locations are
accredited by the
Commission on
Accreditation of
Rehabilitation
Facilities (CARF) for all
mental health services



NEW OAKLAND
FAMILY CENTERS



face  to
face



What is an Eating Disorder?

Eating disorders are marked by extreme eating behaviors that contribute to significant emotional and/or functional distress. There are different types of eating disorders, such as:

- **Anorexia Nervosa**
Characterized by an extreme pursuit of thinness resulting in very low body weight. The individual typically engages in significant food restriction, over-exercising and/or self-induced purging behaviors
- **Bulimia Nervosa**
Characterized by recurring episodes of eating significantly large amounts of food and feeling out of control in the process. Additionally, these individuals engage in compensatory behaviors, such as vomiting, misuse of laxatives, and/or severe food restriction
- **Binge Eating Disorder**
Characterized by recurring episodes of eating significantly large amounts of food and feeling out of control in the process. Typically, these individuals do not engage in compensatory behaviors

What types of treatment are available at New Oakland?

When an individual expresses concerns about eating, they will receive a specialized eating disorder intake assessment to further assess for severity of symptoms. Depending on the severity of the eating disorder, there are several services offered:

The New Oakland FACE to FACE Partial Hospitalization Program (PHP)

The Eating Disorder PHP meets Mondays through Fridays from 9:00 am to 3:00 pm and offers specialized and comprehensive care in the form of

- Vital signs taken Monday through Friday
- Group therapies that address the eating disorder as well as other underlying mood/anxiety issues
- Supervised meal-time with staff trained in helping the individual establish a healthier relationship with food
- Dietetic appointments
- Psychiatric evaluation and medication review
- Individual and family sessions with a trained eating disorders mental health professional

The New Oakland Intensive Outpatient Program (IOP)

The Eating Disorder IOP offers similar treatment as PHP, but is for individuals who have less severe eating disorder symptoms. The level-of-care needed will be determined by the intake therapist and eating disorders treatment team.

Outpatient Treatment

The individual will be assigned to an outpatient therapist who is trained in working with individuals with eating disorders.

Reduced rates for local lodging

To help with potential travel expenses associated with our PHP or IOP programs, participants qualify for reduced rates at high-quality local hotels convenient to our Farmington Hills location.



Getting Help

If you think you may have an eating disorder, it's not something you have to face on your own. But asking for help can be the hardest part. At New Oakland, we're here to help you live an empowered life.