



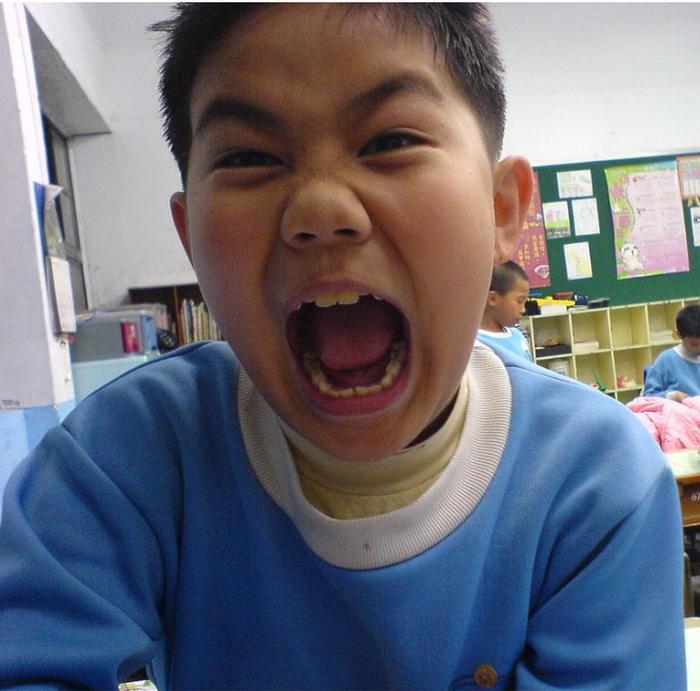
24-Hour Crisis Hotline  
877-800-1650



find us on the web at  
[www.NewOakland.org](http://www.NewOakland.org)

## Locations Across Michigan to Serve You

## Attention Deficit Hyperactivity Disorder (ADHD)



### Ann Arbor

501 N. Maple Rd.  
Ann Arbor, MI 48103

### Bloomfield Hills

2520 S. Telegraph Rd.  
Bloomfield Hills, MI 48302

### Center Line

26522 Van Dyke Ave.  
Center Line, MI 48015

### Clarkston

6549 Town Center Dr.  
Clarkston, MI 48346

### Clinton Township

42669 Garfield Rd.  
Clinton Township, MI 48038

### Farmington Hills

32961 Middlebelt Rd.  
Farmington Hills, MI 48334

### Flint

2401 South Linden Rd.  
Flint, MI 48507

### Kalamazoo/Portage

8225 Moorsbridge Rd.  
Portage, MI 49024

### Lansing/Okemos

2300 Jolly Oak Rd.  
Okemos, MI 48864

### Livonia (Main)

29550 Five Mile Rd.  
Livonia, MI 48154

### Livonia (SUD center)

31500 Schoolcraft Rd.  
Livonia, MI 48150

### Port Huron

500 10th Ave., Suite A  
Port Huron, MI 48060

### Southfield

26545 American Dr.  
Southfield, MI 48034

### Southgate

13305 Reeck Rd.  
Southgate, MI 48195

### Warren

8150 Old 13 Mile Rd.  
Warren, MI 48093

**NEW OAKLAND**  
**FAMILY CENTERS** 



New Oakland Family Centers are accredited  
by the Commission on Accreditation of  
Rehabilitation Facilities (CARF) for all  
mental health services



## Commonly asked questions about Attention Deficit Hyperactivity Disorder

### What are the signs my child may have ADHD?

Symptoms may include hyperactivity, short attention span, distractibility and impulsivity.

### How does ADHD affect a child's day-to-day life?

There are often secondary emotional, educational and social components.

### Is this something children just "grow out of" eventually?

Not necessarily. A strong pattern of neuro-developmental lags and delays in primary ADHD has been noted. This means it's important to manage ADHD to prevent possible long-term effects that may last into adulthood.

### If my child is diagnosed, does this mean he or she will need to start taking medication?

Not always. Medication intervention is a shared decision with the individual, the family, the therapist and the psychiatrist specializing in treatment of ADHD.

**Does counseling help?** Individual and family therapy is recommended to help those impacted learn cognitive and behavioral skills and decrease the effects of this disorder on the child, on the family and in school.

**What should I do as a parent?** Proactive parenting for ADHD youngsters is essential.

## The ADHD Diagnostic Process at New Oakland involves:

- 1** An initial evaluation with extensive personal history-taking to track the potential symptoms of ADHD and to rule out or treat physical, emotional-psychological and learning problems.
- 2** Completion of the ADHD multiple criteria checklist for primary vs. labeled ADHD.
- 3** Prescriptive psychological and neuro-psychological testing to determine the level of neuro-developmental, sensory-motor, and cognitive-perceptual performance; and to further clarify the strengths and weaknesses as related to self-control, learning and educational work success.

**4** A psychiatric evaluation to assess clinical, biological, emotional, psychological, learning-based, and social functioning.

**5** Proactive vs. reactive parenting orientations and practices are emphasized; special training classes are provided on proactive parenting.

**6** Treatment recommendations, explanations, options and planning while coordinating school, work, family and individual problems. The treatment explanation will include the reasons for clinical, developmental, psycho-educational and medication intervention.



### Primary vs. Labeled ADHD

ADHD involves maturational and neurological delays and a pattern of inattentive, impulsive and hyperactive adjustment. The onset is almost always before age seven. These patterns emerge from perceptual, sensory-motor and cognitive inconsistencies.

But the outward appearance of ADHD is not always true ADHD. Although many of the symptoms can seem the same, the appearance of ADHD-like symptoms can also be caused by emotional and learning-related factors, or a mixture of both, rather than the primarily neuro-developmental issues that are the foundation of an accurate ADHD diagnosis.